

## OFFICES:

- Southington

341 West Street Suite B  
Plantsville CT 06479  
Phone: 860-276-3000  
Fax: 860-276-3002

- Waterbury

60 Westwood Ave Suite 220  
Waterbury CT 06708  
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- Meriden

816 Broad St Suite 23A  
Meriden CT 06450  
Phone: 203.630.2488  
Fax: 203.630.2499

- Newtown

5 Riverside Rd Suite 1A  
Sandy Hook, CT 06482  
Phone: 203.270.0004  
Fax: 203.270.0008



## Groups Include:

- ◇ Body Image
- ◇ My Family, My self
- ◇ Mind, Body, Spirit
- ◇ Mind, Body, Spirit for Latinas
- ◇ Who I am
- ◇ Relationships with Peers
- ◇ Expressing my Individuality
- ◇ Being a Girl
- ◇ Paths to the Future
- ◇ Friendships
- ◇ Honoring our Diversity
- ◇ Wise & Well

Perspectives Center for Care, Inc.



Change your perspective and you change your